



# Southern Cross

A Publication of The Southern Division of The National Ski Patrol

2015-2016, Number 3

[www.southernsp.org](http://www.southernsp.org)

July 2016

## In This Issue

From Division Director ..... 1

### From Supervisors and Advisors:

- National Medical Advisor..... 2
- Election News ..... 3
- ADD - South ..... 4
- Alumni Program ..... 4
- Avalanche Program ..... 4
- Transportation (OET) ..... 5
- Snowsports Program ..... 6
- Instructor Development..... 7
- Nordic Program ..... 9
- Telecommunications Program ... 11
- Woman's Program ..... 12
- Recruiting is Our Future ..... 13
- 2016 Fall Patroller Conference... 16
- Final Sweep ..... 18

### Around The Division:

**Southern Cross** is published three times a year—Fall, Mid-Winter and Spring. Articles and photos are encouraged and appreciated. With photos, please include caption information. If at all possible, please include a photo of the author with articles. Submission deadline for the Fall issue is **September 18, 2016**.

#### Send submissions to:

**Teresa T. Stewart, SC Editor**  
[stewart.teresa@gmail.com](mailto:stewart.teresa@gmail.com)

Update address at [www.nsp.org](http://www.nsp.org)

## Byrd White, Division Director



This article is a little late. Those of us in Southern West Virginia have been a bit distracted. The floods did not hit us directly but they sure hurt a lot of our neighbors.

The Southern Division, your Division, has been on an even keel for some time, we are financially strong and most of our programs are running smoothly.

I have been quite involved with the National organization and I know that some of you have asked me about rumors that always float around. I shall tell you what I know, shouldn't take long.

The OEC program is strong and well accepted by many ski resorts and other organizations. Our investigations into complaints by some resorts in the Central Division, about them not being able to recruit patrollers because OEC was too hard to pass revealed a number of opportunities. Chief among these opportunities was helping instructors understand how to teach OEC 5. Many instructors were teaching edition 5 as they had taught for years. OEC 5 is different. There is now a video on line showing how to teach OEC 5. Complaints such as test questions not being relevant and refreshers spending too much time on non-ski problems also give us an opportunity to improve. We have addressed these problems and everything is now running along as well as can be.

The new computer system will be up and running on **August 1<sup>st</sup>**. All patrollers will need to log on and pay their dues online. There will be a seminar on this at the Fall Convention.

National will be starting soon on OEC 6. While I have no idea what it will look like there have been a number of changes in emergency care over the last few years and if we are going to stay relevant we must keep up. The preliminary questions are things like what kind of medium should we use? Should OEC 6 be a book form, Internet based, a flash drive or maybe a loose leaf that could be updated over time? I welcome your thoughts on this.

The Fall Convention planning committee, chief among them **Teresa Stewart**, have been hard at work and have great programs planned. Both **Jay Zedak**, our National Transportation Supervisor, and **Dr. David Johe**, our National Medical Advisor, will be there along with our own Medical Advisor **Chuck Clements**, our Legal Advisor **Chuck Lollar**, our Transportation Supervisor **Tony Tingle** and our Ski School Supervisor **Briggs Allen**. They are all great guys with a wealth of knowledge. If you have questions they are always ready to help. **Teresa Stewart** is holding an Instructor Development Hybrid course and **Wayne Morgan** is holding a course on Incident Command and **Frank Cooper** is hosting a roundtable on finance. There should be something for everyone.

---

---

## ***National Medical Advisor ... National Medical Advisor...***

***NOTE: Dr. Johe will be at the Southern Division 2016 Fall Patroller Conference and will speak on the Outdoor First Care Program as well as be available for any questions and answers.***

### **David Johe, MD**

*National Medical Advisor*

Dr. Johe has been the National Medical Advisor for NSP for the past 15 years and is actively patrolling at Holiday Valley Ski Resort in Ellicottville, NY with 26 years of service to the ski patrol. A little know fact ... he skied at Snowshoe the year it opened as he was originally from Charleston, WV! He is an OEC instructor, Trainer Evaluator and IT. He has been involved with the 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> edition of the OEC Course materials as editor, author and advisor.

The following article was submitted by Dr. Johe as published in the Summer Issue of Trail Sweep.

*"Trail Sweep Summer 2015 Color - New Jersey Region." 2015. 14 Feb. 2016 <<http://nspnj.org/wp-content/uploads/Trail-Sweep-Summer-2015-Color.pdf>>.*

## **Outdoor First Care**

Does your ski area have a Mountain Host Program? If not, has your patrol and management ever considered starting one?

Other names for these programs include Rangers, Safety Patrol, and Guides. These programs are slowly growing at ski areas across the U.S. They are proving very valuable for both the area and its patrol.

The National Ski Patrol started a Mountain Host Program several years ago. Hosts are registered with NSP, and receive some of the benefits that patrollers receive. The Host pays national dues. At my ski area, Holiday Valley, the hosts (or yellow jackets since they wear distinctive yellow jackets) are immensely important. They provide the customer with information about the resort, initiate first aid when first on scene, help the patroller at the scene of a rescue, control unruly patrons on the hill, and generally provide good will at our resort. On a busy day at our area, when there are many rescues going on at the same time stretching patrollers thin, these individuals will help a patroller at the scene.

Recently the National Ski Patrol's Host Program was upgraded and includes several teaching "modules" for the individual who is or wants to be a host. The backbone module of this program is Outdoor First Care, a basic first aid course for the host. This course is OSHA compliant so resort managers can also use the course for any resort personnel who needs a first aid course. Many times, a resort employee other than a patroller is first on scene. This course helps this employee provide basic first aid until a patroller can get to the scene. Employees who are working after the patrol has gone home may find this course helpful. It is not an OEC course, but a very basic first aid course.

In order to become a Mountain Host in the NSP an individual must take an OFC course and pass its evaluations. Basically the OFC program has three parts. After having an OEC instructor register them in an OFC course and paying the \$25 cost, the student host must obtain a current "lay person" CPR/AED card. This gives them the basic principles of the ABCs of a first aider. Next is a three-plus hour online course with a written evaluation at the end. Last is a "hands on" day where the OEC instructor goes over several scenarios, teaching the basics of medical conditions or trauma, how to initially help the injured or sick person, and how to help the patroller. A written and practical evaluation are at the end. This course does not train hosts to be patrollers but makes hosts a great asset to the ski resort and the patrol.

Consider a Host Program at your resort. Get management involved first. If you already have this program upgrade your hosts' education. Call the National office (303-988-1111) and tell them you want to start a program or upgrade your present one with an OFC course.

# How to use the OEC Fifth Edition

by Dr. David Johe

"Trail Sweep Summer 2015 Color - New Jersey Region." 2015. 14 Feb. 2016 <<http://nspnj.org/wp-content/uploads/Trail-Sweep-Summer-2015-Color.pdf>>.

Many have told me the present edition 5 of Outdoor Emergency Care is too long, covers too much, and is too much for the student to learn. Through the years this book has evolved into a "textbook" for all patrollers, from students to seasoned patrollers. Many patrollers today are involved in different medical professions. Many of you have done literally dozens and dozens of rescues. Thus OEC was designed as a reference book for the patroller. The textbook is not the OEC course that is taught to students. It is one tool to be used while the student takes an OEC course.

The OEC course uses this text. Instructors should realize that they do not need to teach everything in the text. In the front part of the text, the preface states that only the bullet points in the beginning of each chapter should be taught to the student. If the student learns these basics, they will pass the evaluations and obtain the knowledge to become a good patroller. Instructors should take a minute and read the text's preface, to understand how to teach an OEC course.

There is additional material in the text. The authors put this in for the patroller who wants additional information. It is provided for experienced patrollers, who have already mastered the basics. Many seasoned patrollers use the text as a reference book, looking up a medical topic, following a rescue. They expand their knowledge by reading more about a topic.

Hopefully this explains how the text was designed. Ski patrollers are first responders. The text was written at a "First Responder" level, but has added material for the patroller who seeks additional information.

## ***Election News ... Election News ... Election News ... Election News ... Election News***



## **ELECTION NEWS**

by: Bill Smith, Division Election Coordinator



This year there will be open seats on the NSP Board of Director's. The Nominations Committee is currently seeking applicants to fill the open seats. Over the summer the Nominations Committee will narrow the list of qualified candidates.

Last year the Southern Division had a pretty good voting turnout in the National election thanks to all of the efforts put into promoting that process. We hope to do at least that well again this year.

Once again in an effort to keep Southern Division patrollers informed, the Division leadership has appointed a Candidate Evaluation Committee (with each Region having an opportunity to provide input) to evaluate the National BOD candidates and make available to the Southern Division membership their findings. That group will begin their work of reviewing candidate materials and scoring each candidate based on specific criteria later this summer/fall.

Prior to the election cycle beginning, the NSP Board identified attributes of being a good board member. Utilizing that criteria, each Board candidate will be scored on ten criteria that were identified in that process and by Southern Division leadership. The scores will be tabulated and the top candidates identified. This would not be a "single slate" or "approved" list, but rather it is a detailed review and collective scoring of the candidates by the evaluation team. The candidates that best fit the criteria will be identified and deemed "Most Qualified".

As quickly as this work is completed it will be shared with each Southern Division patroller (in early October) for them to use (or not use) as they see fit. The end goal is to have more Southern Division patroller's participate in the election process.

Although the dates for this year's election have not yet been announced, the voting process typically begins October 15th and remains open until 4:00 PM MST, December 1st. I encourage each patroller to vote, as it does make a difference in your leadership, the future of the organization, recruiting, and fundraising.

As we move forward and additional information becomes available we will be sharing that with you. In the meantime if you have questions please feel free to reach out to me.

---

---

**Mike Harris,**

*Assistant Division Director – South*



It's with a heavy heart that I want to acknowledge the loss of Bobby Mahoney on April 16th. While on a 4 wheeler (ATV) excursion with three of his patroller buddies, Bobby was tragically, fatally injured. This is a huge loss to the National Ski Patrol, the Southern Division, the Blue Ridge Region and his family at Beech Ski Mountain Ski Patrol where he served as Patrol Representative. All who were fortunate enough to know him will miss him. RIP Bobby.

Due to El Nino the 2015/2016 ski season was one of numerous false starts with the Christmas season suffering.

Appalachian Ski Mountain's 2016 Wounded Warrior event was a fitting tribute. Each year proves more successful than the previous one. It's a humbling and rewarding honor to be able to share time with these true heroes.

Looking forward Kingsport's Fall Conference will be on the weekend of August 13. I would like to encourage everyone to attend if at all possible.

Powderfall will be back again in 2017 at Aspen Snowmass April 6-9 2017. If you've never been to a Powderfall this would be a great opportunity to change that.

I look forward to seeing many of you again soon. Mike Harris, AKA Tyrone

### ***Alumni Program ... Alumni Program ... Alumni Program ... Alumni Program***

The Alumni Program has a new Program Supervisor – Lynn Pace. If you are interested OR have question for him – just contact him at ([Lpace2@charter.net](mailto:Lpace2@charter.net)).

---

---

### ***Avalanche Program ... Avalanche ... AVA ... AVA ... Avalanche Program***

**Scott Campbell,**

*Avalanche Division Supervisor*

#### **Avalanche Safety and Rescue Training Course Offerings**

We plan on offering the NSP “Introduction to Avalanche Safety and Rescue” course in the Southern Division twice during the upcoming season. This eight-hour course introduces fundamental principles of avalanche hazards, safety, and rescue. It does qualify as an elective requirement for the NSP Senior Program, but it does not meet Level 1 avalanche course standards and does not qualify as a prerequisite for enrollment in the Level 2 avalanche courses. For this year, **we are seeking a patrol or two** that would like to host an **Introduction to Avalanche Safety and Rescue course** and also maybe one of the **Mountain Travel Rescue (MTR)** courses. We would like to hold each of these courses in one weekend, so that patrollers can get credit for **TWO senior electives** and also allow us to make the best use of our limited instructors. This plan is contingent upon at least a minimum of ten patrollers enrolling for each course. If a patrol would like to volunteer their location or any patroller would like to register for one of the avalanche courses, please contact **Scott Campbell** at [campbellsservices@gmail.com](mailto:campbellsservices@gmail.com). If you have any questions, please call him at 703 969-6730.

## **Outdoor Emergency Transportation ... OET ...Outdoor Emergency Transportation**

**Tony Tingle,**

*OET Division Supervisor*

Tony Tingle e-mail [tony@tingle.rocks](mailto:tony@tingle.rocks), [geofolks@att.net](mailto:geofolks@att.net)

We've made it past the summer solstice and the days are getting shorter, won't be long until the fall conference, refreshers, and the start of the season. There are some exciting things happening at NSP for folks who like to operate rescue toboggans. I'll pass along four of them, here.

**First**, the long-awaited unveiling of the new NSP website and associated database is coming this summer. It's called IMUS. I hear that it is very close to being a reality. I don't know all the details but here is what I have heard. Our way of registering courses is going to change a bit. **Courses** will be set up in the system by the instructor of record, **participants** are responsible for logging in and registering themselves for the course. I think there will be some way to register onsite on the day of the course, but it sounds like it will have to be done online. (I should be able to confirm this at the Fall Conference). Once the course is complete then the instructor of record **closes** the course, and all participant records get updated electronically. **So...you can register a course online, and for the first time ever, it can be closed online.** (Cheers!) It will be a bit different than how we have operated in the past, but in the long run will make everyone's life easier.

**Second**, there is a new OET Course that is set aside specifically to provide the continuing education requirement for OET instructors. The Toboggan Trainers Workshop (TTW) was approved by the Education Committee earlier in the summer. The course is taught by ITs and requires an on-the-snow component. The course focuses on teaching and administration for OET Instructors, ITs, and Region Supervisors and fulfills the CE requirement for each three-year instructor cycle.

**Third**, the Fall Conference is rapidly approaching and will be held again in Kingsport Tennessee on the weekend of August 12<sup>th</sup>-14<sup>th</sup>. This year's conference is a bit different. The bulk of the business stuff (Board Meeting, Professional Patrol Meeting, Regional Planning Meetings etc.) are scheduled for either Friday night or Sunday Morning. That leaves Saturday wide-open for educational offerings. OET has three offerings. **Jay Zedak** the National OET Director will be in attendance and will present, there will be a hands-on demonstration on low angle belay techniques for toboggans, and we will have our usual OET update. Aside from the cool toboggan related stuff, there are offerings from the ID program, OEC (including a presentation by **Dr. David Johe**), a CPR refresher, Incident Command presentations, the Southern Division ski school and a how-to on IMUS. The conference is a great time to learn some stuff, share stories and ideas, socialize (Hospitality Suite is always a hit!) and hang with your patroller pals.

**Fourth**, something to look forward to. Powderfall happens April 6-9, 2017 at Snowmass in Colorado. This event is always a good time and provides you great accommodations at a discounted rate that are spittin' distance from the slopes, fantastic skiing and riding, and great educational opportunities and lots of other fun events. Planning for the education offerings is already underway. It's a hoot that happens after our season ends. I recommend it! Keep your eyes peeled on the NSP Website for additional details.

I hope your summer is going great. Shout at me with questions, comments, or just to say hi!

I hope to see you in Kingsport.

**Briggs Allen,**  
*Snowsports Supervisor*

## **Southern Division NSP Snowsports School**

We all have them. That really ratty pair of tennis shoes, that our spouses say “you are not going to wear those shoes out in public are you?”, yet they are comfortable. Hey... those shoes are our favorites. Who cares if the sole is worn so much that we can feel the tiniest pebble or the arches are broken down so badly that our feet and ankles seem to lean toward the inside. We have worn these for years, why change? They work for me.

Sound familiar?

Believe it or not, the above paragraph relates to our skiing/boarding. We start at the top and get down the mountain without falling. We wear that prestigious red jacket with a white cross, which in itself makes us feel pretty good about our on the snow abilities. We are quite comfortable with our equipment’s interface with the snow. In short, if it ain’t broke, don’t fix it! Right?

But just as ski/snowboard technology has changed (remember the 210 cm skis) so have the skills which make us better skiers/snowboarders. If you have not recently been in a clinic taught by a current PSIA/AASI certified instructor you do not know what you are missing. Yes, we have heard all the excuses, I am too old, I am just fine with the way I ski/board, what I am doing now works for me why change, and the ever popular, that is just a bunch of @#&\*. Well maybe not. Did you know that members of the PSIA/AASI Demo Teams regularly practice and attend clinics. If these men and women, who are thought to be the best skiers/boarders as well as instructors in the world, continue to learn... shouldn’t we? The worst that could happen is that we become better and safer at doing an activity that we all love.

That said, the Snowsports School has some great clinics planned for the 2016-17 season. Be sure to check the Southern Cross and look for emails from your patrol director/representative on dates and other information on our upcoming programs. And remember, everyone is welcome at our clinics.

Finally, I want to remind you of the upcoming Patrollers Conference in Kingsport Tennessee in August. At this event, the Division Snowsports School will have an update on our clinics for the upcoming season as well as have a brief technical program. **Matt Weitz**, the Snowsport School’s Technical Director, will make this presentation. Additionally, Matt has written an article in this edition of the Southern Cross which will be a precursor to his program. Hope to see you there!

Remember snow sports are simple, turn left, turn right and repeat as necessary.

---

---

**Matt Weitz,**  
*Southern Division Snowsports – Technical Director*

We stood along the tree line on the pitch of Lower Cliffhanger, Wintergreen’s only designated double black diamond trail, the spot where we traditionally train and evaluate unloaded toboggan traversing tactics and technique. “You want to lift the downhill handle to pressure the uphill fin so the tail end doesn’t slip,” declared one of my veteran patrol colleagues to the candidates. “Actually, you need to pressure the downhill fin,” responded another highly respected patroller. After a vigorous back-and-forth, we decided to table the discussion, and research what Cascade had to say on the matter before we tied our candidates into knots.

The answer, as many of you already know, is b) pressure the downhill fin while traversing an empty sled. But had we considered the question in the light of fundamentally sound skiing or snowboarding technique, the answer would have been immediately apparent. When attempting a steep, icy traverse, we direct pressure to our outside/downhill ski. Pressuring the

uphill fin during an empty sled traverse, on the other hand, will tend to tip your shoulders to the inside, limiting your ability to direct pressure to your outside ski. In fact, virtually every fundamental sled handling skill involves direct application of current ski or snowboard technique.

At Wintergreen, for example, like many patrols we don't teach up-unweighting movements to perform sideslip-wedge-sideslip transitions. Instead, we focus on effective, ankle-oriented edging skills and lateral/fore-aft pressure management to accomplish smooth, steady and safe transitions. These skills, involving flexing and articulating ankles, as well as pressure direction to the outside ski, are also integral to developing high performance free skiing ability, and come straight out of the current PSIA/ATS technical manual. Not coincidentally, those same flexing ankles are essential to quickly stopping a loaded sled without the jarring feedback that comes from pushing against the balls of your feet. Flexing one's ankles, along with knees, hips and spine helps, as the technical manual inartfully states, "Regulate the magnitude of pressure created through ski/snow interaction."

When graduating from ski and snowboard instruction to toboggan training, the only thing new and different for your candidates is the sled itself. With few exceptions (feathering the chain, for example), the essential skiing/riding technique is the same. From a stable and quiet torso in empty sled short radius turns, to maintaining hands in your peripheral vision, to skating the sled with a long and strong outside leg extension, high performance skiing/riding translates directly to safe and sure sled handling.

The next time you're working with an intermediate skier on the verge of beginning loaded sled training, consider giving that candidate a few more hours of skiing and/or empty sled instruction and practice. Giving an ill-prepared skier a 300-pound loaded sled to train with is like teaching your candidate to swim by throwing him off a bridge. Better put, good skiing and riding is a critical step to becoming a great patroller.

## ***Instructor Development...Instructor Development...Instructor Development***

**Teresa T. Stewart,**

*Instructor Development Supervisor*

The NSP Instructor Development course is an integral part of *all* NSP Educational courses. This is a required step before the mentoring stage with an instructor within the specific discipline with which you are becoming involved (Outdoor Emergency Care, Toboggan and Ski, Mountain Travel and Rescue, Avalanche, Outdoor First Care, etc). This is also a **SENIOR ELECTIVE**.

Interested students should look at the Division Calendar on the Division Website ([www.southernnsp.org](http://www.southernnsp.org)) for registered courses in their Region and contact the Region Instructor Development contact or drop me an email at ([stewart.teresa@gmail.com](mailto:stewart.teresa@gmail.com)).

UPDATE: The Hybrid Instructor Development Program is now available! Note: This is a two-part process. Part one – take and successfully complete the Instructor Development eCourse 2016 Course and obtain a completion certificate. Part two – face-to-face in a classroom environment to finish the classroom modules and teach a six-pack session. Both the ID tradition and ecourse require the student to then start and complete the mentoring phases to finish the instructor process. This last step is not required if you are ONLY seeking Senior Elective.

To access this course patrollers can click on the following link and follow the:

- <https://nsp.knowledgedirectweb.com/kd/10.cfm>
- **NOTE:** Use of Chrome, Firefox or Safari web browsers is recommended – there are known compatibility issues with Windows 10 and the new Edge browser.
- New students click on “*new student*” box to register or log in if registered before
  - If you forgot your password – use the Forgot Password function to reset the password.
- After successfully login – select Available Courses Tab – select ID eCourse 2016 – then Add Course. This will then show the course on your patroller’s My Courses tab.
- There is a quiz at the end of each chapter – to move forward to the next chapter select the Course: Instructor Development eCourse 2016 link to return to the list of activities and select the next chapter.
- Upon successful completion of all 11 chapters, the Final Assessment will appear at the top right of the List of Activities. There is no time limit on the exam and the patroller will have the opportunity to review responses prior to final submission of the exam.
- After passing the exam with a score of 80% or higher, the patroller returns to the Training Menu and selects the Instructor Development eCourse 2016 link. The Course survey button will appear at the top right. The Course Survey must be completed prior to the patroller seeing the Print Certificate button.
- Once the Course Assessment is complete (survey), the patroller selects the Return to Course links and a Print Certificate button will appear at the top right hand corner of the list of modules.

Specifics on the continuing education requirements and maintenance of instructor credentials will be forthcoming directly to the current instructors. ALL Students, Instructors and Instructor Trainers can expect to see changes rolling in place for all education disciplines as the new computer system becomes a live breathing entity. Students will register for classes on-line, Instructors will open and CLOSE classes on-line and the information will then populate the students educational record. The anticipated go-live date is August 1<sup>st</sup> – this is a TOPIC at the Fall Patroller Conference in Kingsport, TN this August 12-14<sup>th</sup>, 2016.

The Instructor Development Continuing Education Manual (final) has been published to the NSP website for all educational disciplines to use within the programs to add the “educational” component with the educational specifics for each program. EXPECT instructor continuing education to offered this fall at the patroller conference in Kingsport TN. To date there are planned ID, OEC, Senior OEC and OET continuing education session in Kingsport, TN.

If you are a current instructor – please check the NSP website to obtain the current up-to-date forms!

Let me know if you have any questions.

Thank you -- Teresa



**Penny Dimler,**

*Southern Division Nordic Supervisor*

### **NSP Agreement with National Park Service Improves Possible Backcountry Patrolling Opportunities**

Nordics are celebrating the very recent big news about the NSP agreement with the National Park Service. Credit for this milestone goes to our National Nordic Program Director **Rick Shandler**, who spearheaded the effort to reach this agreement.

I quote from the latest Ski Patrol magazine: "...the National Ski Patrol has entered into a Joint Statement of Understanding (JSOU) with the National Park Service. This historic document paves the way for the establishment of Nordic/backcountry patrols working within a national park."

Please refer to page 66 of the Summer 2016 issue of Ski Patrol Magazine and read the details.

- The formal presentation of this agreement is scheduled for Sept. 10, 2016, at Valley Forge National Park, Pa., in conjunction with the Eastern Division's fall meeting, and we are invited to attend.
- The full Joint Statement of Understanding is available on the NSP Web site under "Guiding Docs."

### **Shenandoah Nordic Preps 2016-17 Training Schedule**

Shenandoah Nordic (version 2) registered 17 members in its first year and is in the process of polling members for training dates for 2016-17. All tentative at this point (publication deadline) are a summer orienteering course, an early fall hill refresher and a November MTR 1 course.

### **Nordic Requirements**

Requirements might be best understood by reviewing the patroller classifications within a Nordic patrol. Though not a detailed list, this should help you understand the differences. Each patrol may have additional requirements. And the patroller needs to complete annual refreshers.

- **Patroller** (formerly called "Auxiliary"). This is an OEC technician.
- **Nordic Patroller** (formerly called "Nordic Basic"). This person has demonstrated appropriate cross-country and downhill Nordic ski skills, transport skills, and has successfully completed an MTR 1 course. MTR 1 is a requirement, not an elective, for Nordic Patrollers.
- **Nordic Senior**. This person has demonstrated appropriate cross-country and downhill Nordic skills at a higher level; toboggan transport and belay; and attained senior OEC status. This person will have completed the Avalanche 1 course (Southern Division), and in other areas of the country Avalanche 2 is required. Successful completion of MTR 2 and demonstration of some MTR 2 skills and completed an overnight tour (winter) are required.
- **Nordic Master**. The Alpine discipline of NSP has the Certified Program. Nordics have the Nordic Master, which combines advanced competencies under the Nordic; Avalanche; and Mountain, Travel and Rescue programs, including a solo overnight search portion of the MTR Module.

### **Nordic Ski Training**

I will offer a Nordic Ski Enhancement seminar again next winter. In an attempt to counter our fickle weather, an earlier initial date will be set, along with one or two back-up dates.

**Ken Pankow,**

*Shenandoah Nordic Patrol PR*

Shenandoah Nordic Patrol had a limited season this year with the shortage of snowfall. We did have an excellent enhancement course in early March, held at Whitegrass Nordic Center in West Virginia. Our group of nordic patroller reviewed nordic techniques, orienteering, and emergency toboggan lessons. It turned into an excellent clinic with great hospitality from the Whitegrass team. Enclosed are a few photo's from the clinic.

This summer we are working on dates to review more orienteering courses and setting our dates for the fall refresher, and a Nordic Enhancement Clinic in February 2017. The Patrol would also like to organize an MTR1 course for the fall of 2016 dates TBD.

As of this writing we currently have 17 members who are active with Shenandoah Nordic. We are very happy with that number, considering this was our first year.



Left to right  
Ken Pankow, Penny Dimler, Thi Campbell and Chuck Lollar.

← Chuck Lollar and Thi Campbell

Photos submitted by Ken Pankow



Paul Hess, Gisela Zarcufsky, Steve Strothers,  
Brad Moore and Chuck Lollar →



## *Telecommunications ... Telecommunications ... Telecommunications*

**Adam Lentz,**

*Telecommunications Supervisor*

I hope everyone had a fun and safe ski season. I will keep this short and sweet with a special note to all PATROL REP's.

As usual, now is the time to inspect your communications gear and identify any problems or issues that you may have incurred during the past ski season. Feel free to contact me with any issues found. I will try to help you resolve or find a "Ski Patrol Friendly" shop near you to get your gear back up and running.

**Patrol Rep's:** The National Telecommunications advisor has tasked me with completing a survey for all the Southern Division ski areas. Please assist me in getting this done in a timely manner. I have included the link to the survey below. Please feel free to contact me and I will assist you in completing the survey if needed. I would like to have these completed and returned by October 1, 2016.

[http://www.nsp.org/nsp\\_programs/documents/2010 TELECOM\\_survey.doc](http://www.nsp.org/nsp_programs/documents/2010_TELECOM_survey.doc)

- Complete the survey on your PC.
- Save the .doc and print out the survey.
- Email the survey to [lentz114@gmail.com](mailto:lentz114@gmail.com)

### **Summer two-way radio battery storage tips:**

#### **Battery Storage**

If you don't plan on using the battery for a month or more, I recommend storing it in a clean, dry, cool place away from heat and metal objects. NiCad, NiMH and Li-Ion batteries will self-discharge during storage; remember to break them in before use.

#### **Exercise the Battery**

Do not leave the battery dormant for long periods of time. I recommend using the battery at least once every two to three weeks.

#### **Keep the Batteries Clean**

It's a good idea to clean dirty battery contacts with a cotton swab and alcohol. This helps maintain a good connection between the battery and the device

## [Women's Program ... Women's Program ... Women's Program ... Women's Program](#)

**Joy Jucker,**

*Past Southern Division Women's Program Supervisor*

### **Changes for the Women's Program**

During the summer of 2012, I was asked to become the next supervisor of the Women's Program. After thinking about it, I accepted the position. My main goals included getting the clinics going and moving each around the regions of the division. Encourage women patrollers to attend the clinics, make things FUN and retain women patrollers across the south. Clinics were held at Wintergreen, Cataloochee, Massanutten, Ober Gatlinburg and Beech Mt. Another goal included helping patrollers become toboggan instructors and assist them in joining PSIA/AASI. Getting the word out with social media was immensely important. This goal was tackled with the help of fellow Cataloochee patroller Tanya Thomas. In no time she had a Face Book page up and running!

Now it's time to go back into retirement and allow the program to load up with younger energy and new exciting agenda! At this year's 2016 Clinic at Beech Mountain, I announced that I was ready to step down and let someone else take over as supervisor. Immediately **Tanya Thomas** enthusiastically took the position! She is very qualified for the job as a talented senior patroller and transportation instructor. A great organizer and networker!

I plan to assist with the transition, be a support unit and look forward to watching the Southern Division Women's Program grow to great heights!

**Tanya Thomas,**

*Southern Division Women's Program Supervisor*

Hello, ladies! I'm Tanya – I grew up watching my dad patrol, joined the Cataloochee Patrol in 2002 while in college, and as Joy said I am now a senior patroller. I've enjoyed getting to meet so many of the awesome women of the southern division through our clinics! I am a veterinarian by trade that sees small animals and horses. I am married to the husband, Lee, and am about to welcome baby boy #2 (due June 12<sup>th</sup>). While I do wish Joy would have done one more year so I could do this year without a newborn, I am up to the challenge with the help of my fellow women patrollers!

...So, with the help of **Meggan Robbins** and the great resort at Wintergreen we are tentatively planning to host the 2017 Women's Clinic on January 28-29, 2017. Please mark the dates on your calendars! Over the last few years we have worked to find housing for clinic attendees to share so we can have more time for camaraderie while spending the weekend together. Please go ahead and share the information with other women patrollers and send me an email if you'd like to be on my communication list: [tanya.bruce@gmail.com](mailto:tanya.bruce@gmail.com). We're hoping to do a little curriculum changeup this year, depending on what YOU want as an attendee, so please send ideas. Look forward to seeing all of you ladies out there on the slopes!

## [Recruiting is Our Future ...](#)

By Gordon Pettit – Cataloochee Ski Patrol Representative



### **Recruiting is our Future.....**

We continue to read and hear how NSP is aging and the concerns regarding retention and recruitment of younger patrollers for the future. With increasing liability concerns, changing workforce environments and busier family lives, what will our patrols do to add new patrollers and maintain participation in the future? Not only is this a patrol concern, but our local Mountain Management has to share in these concerns as well. While each of our patrols has its own unique benefits and drawing power for new candidates, what tools are available to bring in new talent to meet the needs for Mountain Management and for our patrols, now and in the future?

At Cataloochee, our Management Team in 2011 led by past PR's **Dan Greene** and **Chris Polhemus**, worked with **Wayne Morgan** our Patrol Director to develop a new recruiting program to maintain and grow our patrol numbers to meet Mountain Managements requirements. With increased snowmaking capacity, our daily operations have expanded and coverage by our patrol required growth. **Chris Hill** took on the task in the early days of building our "Ski with a Patroller" (SWAP) recruitment program with **Jen Flavin** tweaking and continuing to improve the program today. While the original program was a 2 day event held in March of each season, we have continue to tweak the program as needed each season and have changed to 3 one day sessions with one in January, February and March to ensure that we are maximizing the effort and delivering the new candidates to meet our needs.

We have found that the key factors in delivering quality candidates to meet the patrol's needs during our SWAP program includes the following components:

### **Reality of Commitment**

- Concise delivery of what we do on a daily basis
- Time Commitment required, true information provided to the invitee, Reality 101
- OEC program and our basic S&T training, class time and commitment to training and learning

Most SWAP invites truly do not know the time commitment required. What effect it can have on family and relationships. We bring an existing candidate or new basic patroller into the meeting to provide a testimonial on their honest experience in becoming a patroller. At Cataloochee, we expect our season to go from November 1 to April 1, so the demands of patrol coverage and expectations for a 5 month season is required. We would rather the invitee determine they cannot meet the requirements or time commitment now, not 6 months into the process.

### **Ski and Ride Evaluation**

- Our criteria is for the invitee to need 1 year of S&T training (2 years at the most) to become an alpine patroller
- Our S&T Instructors evaluate individual riding skills during a 1-hour session during the SWAP
- If medical professional (EMT, Nurse, Doctor, etc.) and skills not met as stated above, we may offer OEC patroller opportunity to work in the Patrol Room

### **Interview with Invitee**

- Patrol Staff and Mountain Management interview each invitee to learn more about the invitee, why they want to join the patrol and determine if they understand the commitment required
- Does the Invitee have the customer service skills required to be a patroller?
- Will their family, wives, husbands, partner, etc. support the commitment required to become a patroller
- Will the invitee bring value to our Mountain Management and to our patrol?

Our goal in the interview process is to make sure that we have delivered the requirements and commitment levels of time and effort. As we all know, being a member of any ski patrol is like being a member of an extended family. We want to make sure that the invitee understands the expectations that our Mountain Management has for the patrol and we as patrollers have for each other.

### **Exit Interview – Completion of SWAP program**

- Upon review of ski and ride evaluation, we meet and discuss each invitee and determine if we offer or not offer
- We then meet with each invitee, if riding skills meet our requirements, if invitee understands the program and requirements and states their desire to join, we make the offer
- If Ski and Ride Skills do not meet the requirements, we ask the invitee to come back and try again at another SWAP session if their skills improve and the desire is still active to be a patroller.
- Occasionally we may offer an invitee with marginal riding skills to be an OEC Patroller and work the Patrol Room while working on their ski or ride abilities. This allows us to develop a patroller over time or bring in an invitee that maybe a medical professional.

Over the past 2 seasons, we have gone from 1 two-day SWAP session in March to three 1-day SWAP's with one in January, February and March. This has allowed more interested invitees to attend and we have found that we can deliver the information and evaluations in the same quality as before. We have learned that we must tweak and change the SWAP program annually to meet our needs for recruitment. Included in the daily agenda is time for shadowing with a patroller as we open and close the hill, attendance at opening meeting in the morning for

assignments and an OEC scenario run by our OEC Instructors and current candidates. Our goal again is to deliver a true snapshot of the patrol experience. Another benefit to January and February SWAP dates, we can offer the new candidates the opportunity to begin S&T Training this season prior to starting OEC in the summer and fall which can minimize the possibility of losing a candidate during the off season. The key component to our SWAP program is the delivery of reality of patrolling, commitment of time, education requirements, training requirements, customer service to our customers and camaraderie within our patrol family.

Below is our single day SWAP Agenda:

7:00 AM– Registration

7:30 AM – Participate in Patrol Briefing to start the day, assignments for shadow with patroller

7:45 AM – Open and Setup Mountain for the day

9:00 AM – Introductions and Expectations – Reality 101

10:30 AM– Individual Interviews with Patrol and Mountain Management

12:30 PM – Lunch at Top Patrol Hut

1:00 PM – Ski and Ride Evaluations

2:30 PM – OEC Scenario

3:30 PM – Exist Interviews and offers

4:30 PM – Assist with Closing

While our program may not work in other patrols, we at Cataloochee have found the SWAP program to work very well in growing and maintaining our patrol numbers. Our patrol is made up of individuals and families from North Carolina, South Carolina, Georgia, Tennessee and Alabama. We host OEC classes each summer/fall at Cataloochee and in Atlanta and have adopted the Hybrid OEC Class model for teaching the didactic material for these classes. This past season, we added 13 new candidates via our SWAP program at Cataloochee. We have learned that we must adapt our recruitment to meet the needs of our potential new candidates and our patrol. If interested in learning more about our program, feel free to contact us for more information.

Gordon Pettit

Patrol Representative

Cataloochee Ski Patrol



**Southern Division - NSP  
Patroller Conference 2016  
Registration Form**



**Friday, August 12, 2016; Saturday, August 13, 2016; Sunday, August 14, 2016**

**Please complete one form for each person attending:**

**MeadowView Conference Resort & Convention Center**

**Please reserve your room at the rate of \$102.00 plus \$16.34 tax (\$118.83 total) and ask for the National Ski Patrol 2016 rate**

Call (800) 820-5055 MeadowView direct.

Hotel deadline for reserving rooms at the NSP rate is

**FRIDAY - JULY 29, 2016**



**Here are the events scheduled for patrollers this year:**

- Guest Speakers - **Dr. David Johe** (National Medical Advisor) – Editor of OEC 5, **Jay Zedak** (National OET Director), **Dana Jordan** – Cascade Toboggan, **Bill Miller** – Assistant Director Emergency Management Haywood County.
- Annual Board of Directors Meeting – Sunday – Executive Committee Meeting on Friday evening
- ICS - Organizational Management; How Will You Deal When It All Hits The Fan – Bill Miller, National
- Instructor Updates for Instructor Development, OEC and S&T Programs
- Introduction to IMUS Computer system (National Ski Patrol IT System)
- Senior OEC Evaluator Update – Required every three years
- Patrol Finance Roundtable – for Patrol Finance Officers, PR/PD and Division Program Managers
- CPR Recertification Class – (fee required)
- Professional Director Roundtable – Friday evening
- Outdoor Emergency Transportation – Business and Instructor Update
- Vendors
- Awards Banquet Saturday Evening

This is a full service hotel and conference center that caters to the needs of its guests. There are two State Parks close by for outdoor recreation. The hotel has its own golf course, plus swimming pool and hot tub. The meeting facilities are first class, and the Hospitality Suite is now an experience. Golf times are limited – so call ahead for reservations if you are interested.

**This is the Official Notice for the Annual Board Meeting and I would like to add my official invitation to all members and alumni. This is your event! Please join us for a fun, informative, and educational experience deep in the mountains of Tennessee.**

**See you there!**

**Sincerely,**

**Byrd White** – Southern Division Director

**Rob Raff** - Southern Division Meeting Coordinator

**Teresa T. Stewart** – Southern Division Meeting Organizer



## Southern Division - NSP Patroller Conference 2016 Registration Form



**Friday, August 12, 2016; Saturday, August 13, 2016; Sunday, August 14, 2016**

**Please complete one form for each person attending:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ : Email address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Patrol: \_\_\_\_\_ Title: \_\_\_\_\_

Please register me for the following events: **\*\*\*\*Schedule is subject to change – Final schedule available @ Conference**

Please register me for the following events:	Friday	Saturday	Sunday
<b>Executive</b> Board Committee Meeting (Byrd White)	5:00 - 7:00 pm		
Professional Director Roundtable (Wayne Morgan)	7:00 - 8:00 pm		
Patrol Finances (Frank Cooper and Chuck Lollar)	7:00 - 8:00 pm		
Regional Roundtables (North/South) to set calendars and instructors	8:00 - 9:00 pm		
Instructor Development Hybrid Course Completion (Teresa Stewart)	ID	8:00 - 11:30 am	
Instructor Development – Instructor Update (Teresa Stewart)	ID	8:00 - 8:45 am	
OEC - Learning to Set Up and Work with OEC Hybrid Course (Bob Brewster)	OEC	8:00 - 8:45 am	
Senior OEC Evaluator Update (Bob Brewster) – repeats in afternoon	OEC-Senior	8:00 - 8:45 am	
<b>ICS - Organizational Mgt; How Will You Deal When It All Hits The Fan (Bill Miller)</b>	<b>ICS</b>	<b>9:00 - 11:45 am</b>	
OEC – How to Teach OEC 5 (Bob Brewster)	OEC	9:00 - 9:45 am	
Introduction to IMUS – How to register patrols-patrollers-classes & close classes (Brent Bowman and Byrd White)	Patrols	10:00 - 11:45 am	
OEC – Tricks of the Trade Roundtable (Bob Brewster)	OEC	10:00 - 10:45 am	
<b>Outdoor First Care – New &amp; Improved Dr. David Johe (National Medical Advisor)</b>	<b>Outdoor First</b>	10:00 - 11:45 am	
<b>LUNCH Break (12:00pm – 1:00 pm)</b>		12:00 – 1:00 pm	
OET – Status of Ski Instruction as it applies to Senior Evaluation (Jay Zedak and Tony Tingle)	OET	<b>1:00 – 2:00 pm</b>	
<b>ICS - Organizational Mgt; How Will You Deal When It All Hits The Fan (Miller)</b>	<b>ICS</b>	<b>1:00 – 3:00 pm</b>	
Senior OEC Evaluator Update (Bob Brewster) – repeat of morning	OEC-Senior	1:00 – 1:45 pm	
OET – Instructor Update (Tony Tingle)	OET	2:15 – 3:30 pm	
<b>OET – Low Angle / Belay Techniques (Jay Zedak and Dana Jordan of Cascade Toboggan)</b>	<b>OET</b>	<b>3:30 – 5:00 pm</b>	
Ski School – “Before You Get In The Handles” (Matt Weitz and Briggs Allen)	Ski School	5:00 – 5:45 pm	
CPR Recertification ---- (TBA via Bob Brewster) – minimal additional charge	CPR	3:00 – 5:30 pm	
<b>AWARDS Banquet</b>		7:00 pm	
<b>Board of Directors Meeting (Byrd White) - Sunday</b>	<b>BOARD</b>	<b>BOARD</b>	8am – 12pm

	<u>Before July 25th</u>	<u>After July 25<sup>th</sup> Postmarked</u>
_____ <b>FULL Meeting</b> Conference Registration, Lunch, and Awards Banquet	\$78.00	\$88.00
_____ AWARDS Banquet (7:00 pm) and Conference Registration	\$53.00	\$63.00
_____ LUNCH (12 Noon - 1:00pm) and Conference Registration on Saturday	\$43.00	\$53.00
_____ Conference Registration (Hospitality Suite Included)	\$18.00	\$28.00
Total enclosed = \$ _____		

Mail completed form and check (made out to “NSP Southern Division”) to:  
**Frank Cooper – Conference Registrar**, 121 Winding Ridge Drive, Sylva, NC 28779  
 PayPal to [finance@southernnsp.org](mailto:finance@southernnsp.org) (indicate FOM 2016 and your name in special instructions box – email Registration Form to Frank Cooper)  
 Questions? Contact Frank at [finance@southernnsp.org](mailto:finance@southernnsp.org)  
*Reservation Fees must be postmarked to the above Address By July 25, 2015, and Are Nonrefundable After That Date.*  
*Hotel reservations MUST be made separately to the hotel by July 17, 2015.*

## *Final Sweep .....*

### **Leroy F. Baisden**

The Homestead Ski Patrol  
1940 - October 17, 2015

It is with great sadness that The Homestead Ski Patrol of Hot Springs, VA learned news of the passing of Leroy Baisden on October 17, 2015 after courageously battling multiple myeloma for a little over four years. Born in 1940, Leroy was a native of Hampton, VA. He was an active member of The Homestead Ski Patrol, earning his EMT certification as well as instructing CPR for the American Red Cross. He was a life-long blood donor believing it was his gift to the community. He was a Mason in good standing with the Nansemond Lodge #77 A.F. & A.M. and had been a member for 41 years. He served as Worshipful Master in 1983. His involvement with the Masonic Lodge also led to his participation in the Scottish Rite and Shriners. As a Shriner, he was a former member of the Khedive Corvettes as well as a driver transporting patients and their families to and from the Shriners Hospitals as a Roadrunner. He had a long and proud 32-year career in the pharmaceutical industry with Warner-Lambert which later became Parke-Davis, earning his Certified Medical Representative title as well as other accolades and career achievements. Even while battling cancer, nothing pleased him more than talking shop while discussing his medications and treatments with the doctors, nurses and staff.

He had a kind, loving and generous soul and will be sadly missed by his friends, including the "regulars, ski instructors and Patrollers at The Homestead. His pharmaceutical experience enhanced his skills as a dedicated Patroller. Leroy brightened every day he patrolled, most especially the cloudy and rainy ones. During his Patrol career he never failed to bring cheer and laughter to those he skied and patrolled with. His twenty-six years of cheerful, fun-loving Patrolling made his fellow Homestead Patrollers better by his presence and example.

<http://www.southernsp.org/FinalSweep.aspx>

### **Farris Jackson**

**August 16, 1931- May 24, 2016**

Farris Jackson was the Southeastern Division Director from 1985-1989 and was with the National Ski Patrol for 25 years serving as a patroller in 1972 through Division Director in 1989. His obituary can be located at the following link.

<http://www.hamlettdobson.com/obituaries/Farris-Jackson/#!/Obituary>

---

---

**Southern Division Calendar  
& Staff Directory**

Please refer to the Division Website for updated schedules!  
[www.southernmsp.org](http://www.southernmsp.org)

The calendar is flexible dependant on the weather – please check the calendar and/or with your patrol representative / Region Director for the most up-to-date changes.

---

---

In order to accommodate everyone wishing to present to the Southern Division’s Executive Committee or Board of Directors and to allow for adequate time for members of the Committee and Board to review materials, please send requests to be placed on the meeting agenda, along with a summary of your topic and supporting documentation, to the Division Director in advance of the meeting. Requests must be received at least 30 days prior to the meeting, except that the Division Director may grant an exception to that deadline to accept an agenda request received at least 7 days prior to the meeting. Requests can be sent to Byrd White at [bwhite@opinionsrendered.com](mailto:bwhite@opinionsrendered.com).