

Southern Cross

A Publication of The Southern Division of The National Ski Patrol

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Southern Cross is published three times a year—Fall, Mid-winter and Spring. Articles and photos are encouraged and appreciated. With photos, please include caption information. If at all possible, please include a photo of the author with articles. Submission deadline for the Fall issue is January 13, 2013.

Send submissions to:

Teresa T. Stewart, SC Editor stewart.teresa@gmail.com

Update address at www.nsp.org

Richard Boyer, Division Director

Our NSP System is Working

We have several positions in the Southern Division which have been filled pending confirmation by our division Board of Directors. Thanks go out to **Byrd White** for stepping up to 1st Assistant Division



Director; Randy Trow, Assistant Division Director - North; Bill Smith, Elections Coordinator; Tom Wagner, West Virginia Region Director; and Scott Campbell, Avalanche Supervisor. The board has already confirmed the appointment of Joy Jucker as our new Women's Program Supervisor.

When I was in Denver in June for the National Board meeting a Certificate of Appreciation was presented to me on behalf of **Trish Deane** for their appreciation of the Southern Division's website. We have led the whole system in improvement and the useful functionality of our website.

Our NSP system is working. Contrary to some few opinions I've been made aware of lately, the National Board of Directors is functioning and with patience and care is slowly making the adjustments to our system that are necessary. No, they refuse to be ambushed by a few, or to be bullied into improper and unwise changes by damaging legal maneuvers.

For those of you who don't know to what I'm referring, on the NSP website (NSP.org) is an explanation of fairly recent events by a few ill advised Board members filing suit against the NSP, and yes, therefore themselves, and ourselves. The NSP has answered the suit with a motion to dismiss on the grounds that information requested in the lawsuit had been made available for pick-up in the Denver Office (complying with Colorado law) and therefore the lawsuit is unnecessary. Yes—that's all YOUR contact information that they have demanded.

Requests that the group of 5 Board members, et al, drop their suit were

stonewalled because it seems if they dropped the suit they couldn't demand you and I pay their legal fees, reputed to be \$7-8K. This suit has now been dismissed by the judge.

So why do I say our system is working, you ask? Here is an example of a recent change to the process of choosing National Program Supervisors. An RFA (Request for Action) to change this process in the Policies and Procedures Manual to include more member and division input was introduced last year by Jim Woodrum, the Division Director from Central Division. There were some provisions of this original RFA which needed work to comply with either Colorado law, the Bylaws of the NSP, or for clarity and understandability. Several board members and the Southern Division's own Morgan Armstrong, an expert in organizations such as ours, worked diligently with Mr. Woodrum. Over a period of time a Request was put together which was passed out of the Governance Committee, then passed a vote by our National Board. This Selection Process is now in place and is being used for the first time to choose a new National Transportation Supervisor. So you see, with patience and by going through the proper methods, getting input from a broad base of members, both at the National level and the Division level, good change can be brought about to make our NSP system work better and more efficiently. This is how a democratic organization makes improvements.

I'll end this on a note of appeal, by requesting each and every Southern Division Patroller to participate in the future of our organization. You can do this in many ways, but beginning October 15 when our voting begins for 4 positions on the National Board, you can show we are still caring and want the best for this wonderful National Ski Patrol, by placing your votes. We have two from our division running, **Robin Griffin**, Sugar Mountain and **Keith Cassidy**, Wintergreen. Both are stellar candidates and I also think the world of Jim Woodrum, Central Division. Not that I'm trying to steer your vote, but please **VOTE**! The Southern Division can show it participates in the leadership of this great organization.

From the Assistants...

Mike Harris,

Assistant Division Director – South

Another ski season is just around the corner. I was privileged to attend Blue Ridge Instructor Refresher again this year at Appalachian Ski Mountain. I was lucky to be in the rotation with Blake Brown and E.B. Fox. We figured out that between the three of us, we had one hundred and ten years of membership with National Ski Patrol. Special thanks to Cammie Hale and the hard working group of instructors for a good experience. We are lucky to have the lodge available thanks to the Moretz family and Joe Donadio.

The Southern Division held the annual Fall Conference on August 10th and 11th again this year at the Meadowview Marriott in Kingsport, Tennessee. The Conference was very



Productive having available many updates, breakout sessions integrated with the board meeting. We again had a great hospitality suite and awards banquet. Local information should be in your Region Directors articles and I won't duplicate it. Again I am looking forward to visiting, skiing, and patrolling with as many patrols as possible this year.

Brandon Olson,

Dixie Region RD

I hope everyone had an incredible summer time that was fun-filled with wakeboarding, kayaking, rafting, skydiving, hiking, camping, and whatever else that keeps the adrenaline pumping between snowflakes! And for those of you who understand this - I hope you had the chance to fit in some golf and ETOH!

The time is upon us for another ski season, and all of us have the fingers crossed that it will be much more promising than the last. I think almost all of us suffered with the horrendous temps and rainy days that made for a less than optimal year, yet we were still there and prevailed! During my travels, I had the opportunity to watch patrollers rise to, and often exceed, the expectations for obtaining their Senior S&T, Senior EMM, Alpine patroller, OEC technician, etc. I applaud all of your hard work and encourage you to continue to pursue your future NSP goals, as we all know there are many more out there to accomplish! For a list of new goals to accomplish, and for your reading pleasure, please visit the Southern Division's Website for all the up-to-date info, calendars, and contact information for just about anything. www.southernnsp.org A big shout out to Trish for going above and beyond for us to keep us in the know. You rock!

In the next few weeks, we will all be heading out to our OEC refreshers, and with that comes a lot of new skills that you must show competency. I ask that you please be patient with your instructors, IOR's and IT's as they have an exceptional amount of information that we have to cover this year. You will most certainly be ahead of the game by completing all your required reading of the 5th edition and study guide! Study up on all your new 5th edition skills!

I hope that everyone has an incredible start to the season and I look forward to seeing many of you on a hill nearby in a few months!

Think cold!

Southern Division Webmaster

Trish Deane, *Webmaster/Board Secretary*

Recruiting and retention is a hot topic in our Division. The Southern Division web site now has several opportunities for patrols to advertise. First, on the join page, we have an email link to your Patrol Rep and a link to your web site, if available. In addition, I encourage all patrols to create a video about your patrol. If you send it to me at yogagirl@comcast.net (or send me a link to your YouTube video), I'll post it. Take a look at the video from Smoky Mountain Nordic Patrol at this link: <u>http://www.southernnsp.org/Contact.aspx</u>.



Second, once you have recruiting events planned, please send them to me. We have a recruiting page, which will become available again once we have actual events to post. Your event will be there and on the Division calendar. If you have relevant photos, please forward those as well.

We're working hard to keep up-to-date information from National on the Southern Division site. If you're interested in knowing what's going on in the Division or at National, it's a great place to start. If you have a special anniversary or other event for your mountain, please let me know so the Division can honor your patrol by putting it on the web site.

Thanks!

Blue Ridge Region

Brent Rockett, Blue Ridge Region Director

BLUE RIDGE REGION MESSAGE



It has been a busy summer at all three mountains in the Blue Ridge Region as each has become more of a year round resort. Beech Mt continues to hold more mountain bike races which included hosting the National Gravity Races for the second year and held a music festival, Sugar Mt held a BrewFest and has their upcoming annual OctoberFest, and Appalachian has become a popular venue for weddings. Appalachian will also be holding their annual Tent Sale October 19 – 28.

But now as the summer days have begun to shorten, it is time to think about refreshing our OEC skills for the coming ski season. A tremendous amount of work has already gone into the preparation for these refreshers. The instructors have already gone through their refresher and are tweaking their stations to improve their product for you. A special thanks again goes out: to Cammie Hale and Richard Yercheck for organizing the refresher; to the individual station leaders; and to each mountain's IOR, Anne Donadio at Appalachian, Theresa Varner at Beech and Cammie Hale at Sugar. I hope all of you will thank all of the instructors as you go through your refreshers for all they do to make the refreshers a learning and enjoyable experience. New for this year will be the establishment of the Appalachian Mt Snowboard Club, which will be holding BoarderCross races at Beech Mt, Giant Slalom races at Sugar Mt and Freestyle Contests at Appalachian Mt. Also, mark your calendar for the Wounded Warrior Ski/Snowboard Day on March 9 hosted by the Appalachian Ski Patrol. There will be more to come about these events during the season.

See everyone at your refreshers and on the slopes soon. Brent

From the Supervisors and Advisors...

Leadership Development ... Leadership Development ... Leadership Development

Mary Underwood, Leadership Development Supervisor

Dixie Region Holds Leadership Course

Western Carolina University was the setting for the senior elective "Basic Leadership Development for the Ski Patroller" this August. Nine Dixie Region Patrollers participated in this interactive 8 - hour course that covers basic leadership and managerial skills, Communication, Coaching, Mentoring, Motivation Techniques and Risk Management are components of this course. If your area or region is interested in holding this course or if individual patrollers are interested in taking this course please contact **Mary Underwood**, Division Supervisor for this course, at <u>maryu@bellsouth.net</u> or 865-483-3675.





Outdoor Emergency Care ... Outdoor Emergency Care ... Outdoor Emergency Care

Bob Brewster, *OEC Supervisor*

There's a nip in the air and the leaves are changing at higher elevations. But how do we really know fall is here? Refresher time of course. And many areas are about to, or already had their instructor refreshers. The National Refresher Committee has thrown us a changeup this year in the refresher format, making for some quick adaptations to the old refresher as usual mentality. In our study guides you will find many individual skill based



requirements each patroller will be required to demonstrate on refresher day. In our initial instructor refreshers we've found that stations need to adapt to this new requirement with added manpower and equipment needs. Lectures, games and demonstrations have been scaled back to take into account the extra time needed to run <u>everyone</u> through each required skill. IOR's and instructors have done their best to prepare for these new changes, but it's up to every one of us to review the skills we'll be required to demonstrate in this year's Cycle B refresher prior to stepping through the door. Please be prepared for the material in Cycle B before you enter a refresher, this is not the time to relearn your skills, but to shake the cobwebs off of them.

As of this writing I've just returned from the National OEC Supervisors meeting and there's some exciting things going on. Since I talk about refreshers above, let me ask, how many of you would like to attend a four-hour refresher? I know our PD and PR's would, it would create more on the hill time. Beta testing for an **online didactic refresher** prep course has been a huge success. After doing the online portions patrollers have had to come in and demonstrate their skills at the actual refresher. Before all you old timers, non-tech gifted patrollers get upset there will be options offered.

There will also be a **new online OEC course** offered which will cut down actual class time to 3-6 class sessions (please contact me for more info). The **Outdoor First Care** course will also be rewritten in the next year. It will still remain a one-day class plus outside prep work. Many of the changes coming are designed to facilitate retention and recruitment while creating multiple means of teaching delivery methods. As with anything new I'm sure there will be some kinks to work out but I'm excited.

On the senior side of OEC, the new Senior OEC Trainer/Evaluator manual had some changes made to it, nothing major, but enough that you should refer to the new manual that should be available online as of this printing. We were certified in the new Sr. OEC T/E certification that was introduced at the meeting. This will be the three-year certification update for T/E's. The goal presently is to have every Senior OEC T/E updated by the start of the 2013/2014 ski season. Basically the Senior OEC program for candidates remains the same although there will be many new senior level scenarios available for you to be tested on. For seniors please look to the right and left of you and get your fellow patrollers involved in the Senior Program, it makes us all better for it.

Finally, please look to get involved. For many of us we got into the patrol to give back to the sport we love. The patrol in turn has given back in many ways as well. Not just here in OEC but throughout our division there is a shortage of good patrollers needed in all facets of training and administrative positions. Have you considered being an instructor? Many times we neglect to consider all the hard work that goes on behind the scenes to make us who we are in the division. Are you already looking for the next challenge? Please consider getting activities beyond your normal patrol duties. Ask a PR or PD or Region Director how you might get to participate.

Ok, off my soapbox and back to tuning my skis for now. Less than 45 days until the season starts!

Transportation ... Transportation ... Transportation ... Transportation ...

Tony Tingle, Division Transportation Supervisor

Big changes at the top for the transportation program..... At the end of August, Frey Aarino decided to step down as the National Transportation Supervisor. The search is on for his replacement, and the deadline for applications is September 28 (which may be after this Southern Cross finds you). The notice has been up on the National and Southern Division



websites and I hope you have had a chance to look at it. The details and requirements for the position, if you are interested, are found on either website. Frey is a good guy, answered questions with common sense, and for that I will miss his leadership. I wish him the best wherever Patrolling takes him.

In more local news, I felt temps in the 40s this week, the autumnal equinox just passed, you can almost hear the chlorophyll coursing towards the roots in the trees, and I helped teach a CPR refresher this week....must be heading towards the first day of skiing. That brings to mind three things:

Training Registration – If you are going to train your folks, register a course so that you are covered by the NSP insurance. Nuff said. If you need help registering a course contact me.

If you register a course to cover your patrollers under the NSP insurance **please close the course** when it is done. Many Patrols register a toboggan enhancement seminar for all their patrollers at the beginning of the season and extend the course end date through the end of the season. If you register a course, PLEASE.....put a note on our calendar to close that course. It can be kind of deceptive because you can register them online, but closing a course takes paperwork sent to the folks in Denver. If you need help closing courses, don't hesitate to ask and I'll steer you in the right direction.

Toboggan Refreshers – It's a good idea to review your skills, and document that review before you haul that first patient down the hill. Refresh early in the season, start on easier terrain, and be careful!

As always, if you have questions about the Transportation program, give me a shout. I look forward to seeing you on the slopes. Think Snow!

Tony Tingle Southern Division Transportation Advisor

Snowsports ... Snowsports ... Snowsports ... Snowsports ... Snowsports ... Snowsports

Briggs Allen, Snowsports Supervisor

Hello everyone.... Hope you had a safe and productive summer and are getting excited about our upcoming winter. According to three independent weather sources and the NWS long-range forecast for this winter we are in for between 100-200% of our average annual snowfall. Of course these are the same folks that sometimes miss the forecast for tomorrow. We can only hope.

Plans are coming together quite well for our Snowsports School programs this 2012-13 season. They are as follows:

• Train the Trainer/Skier/Snowboarder Improvement Clinic December 8-9, 2012 Cataloochee Resort

This clinic is open to all trainers, patrollers and candidates in the Southern Division. <u>This program has</u> <u>it all</u>... whether you are a basic, senior or certified candidate, patroller or examiner wanting to improve your on the snow skills, an instructor that needs some new ideas or preparing for your PSIA/AASI upcoming exam. There is not a better way to start the season. Classes will be small and tailored to the participant's specific needs. All instructors will be PSIA/AASI certified and the clinic is registered with National. Video analysis will be used. Expect to have fun.

• Women's Ski/Snowboard Clinic January 12-13 2013 Wintergreen Resort

This clinic is jointly sponsored by the Division Women's Program and Snowsports School and is *exclusively* for our women patrollers. Skiing and snowboarding improvement will be taught by PSIA/AASI Level III instructors from the Central Division NSP. Linda Barthel, National Program Director for the NSP Women's Program will be present and an instructor. The clinic will also include an opportunity to improve your sled handling skills. Class sizes will be limited so early registration is a must.

PSIA/AASI Demo Team Clinic February 1-3, 2013 Timberline Resort

This is the biennial Snowsports School clinic that is not to be missed!!! This year we are honored to have **Rob Sogard**, the current PSIA Alpine Demo Team Manager, as one of our instructors. Rob has done it all, serving several terms as an Alpine Demo Team Member, two terms as the Alpine Team Manager, Alpine Demo Team Examiner, chosen as a top instructor by *Ski Magazine*, and is presently Assistant



Director of the Snowbird Ski School. WOW!!!! At this time, we're working to secure our second Alpine Demo Team Member but be assured he/she will be amazing. For our snowboarders, <u>back by</u> <u>popular demand</u>, is AASI Snowboard Demo Team Member **Tommy Morsch**. Tommy instructed at our last Demo Team Clinic two years ago and received rave reviews. He is now starting his second four-year term on the Demo Team and is the Snowboard Supervisor at Bristol Mountain New York.

Registration for this 2 1/2 day program will be *limited*. There are very few skiers/borders that get the opportunity to clinic with the best snow riders and teachers in the world. Don't miss this extraordinary opportunity. Timberline Resort in Davis, West Virginia will be our venue. If you have not had the opportunity to visit Timberline it is an awesome resort, in the "West Virginia snow belt" with all types of great terrain (even moguls). Very reasonably priced lodging is available with early registration.

• Massanutten Snowboarder Improvement Clinic February 9-10, 2013 Massanutten Resort

This snowboarder improvement clinic will be taught by an AASI Level III instructor and is open to all NSP patrollers and candidates. This is a great way to sharpen your boarding skills whether preparing for a basic or senior exam or just wanting to improve. You are guaranteed to leave this clinic satisfied.

All of our clinics are registered with National. There is a \$25 participation fee with the exception of the Demo Team Clinic which is an incredibly reasonable \$180. You can register by contacting me at briggsaln@aol.com. I will need to know the name of the clinic(s) you are attending, your name, address, patrol affiliation and NSP and/or PSIA/AASI number. I will then send you a PayPal link for your submission of the participation fee. You will not be registered until the fee is received. Don't be disappointed.... register NOW.

Until next time remember, Snowsports are simple.... turn right, turn left and repeat as necessary.

Election Coordinator ... Election Coordinator ... Election Coordinator ...

Bill Smith, Election Coordinator

Division Director Election Announcement

This coming year, 2013, we will once again hold an election for our Division Director (DD). Currently **Richard Boyer** serves the Division in that important position and is eligible to be re-elected for two additional two-year terms.

In the summer edition of Southern Cross, Lee Wittmann (past Election Coordinator) outlined the Division Election Procedures. Please refer to that edition posted on-line at the Division website for details of the process.



The procedure calls for anyone interested in submitting a nomination for the Division

Director's position, to do so before December 1st prior to the election year. With that in mind, now is the time for anyone interested in running for the DD position to prepare their submission and get it in. All nominations must be received by the Election Coordinator before the deadline date of December 1, 2012.

Electronic submissions are preferred and can be sent to the email address shown below.

The election procedure further requires that all nominations must be accompanied by a signed acceptance of the nominee. The nomination must also be accompanied by a one-page resume of the candidate's qualifications for office. The applicant also has the option to include a platform statement.

Specific qualifications for the DD can be found in the By-Laws that are published on the Southern Division website.

Each candidate's information will be published in the January/Mid-Winter issue of the Southern Cross and posted on the Division website for all to see. Ballots, resumes and platform information will be sent to all Patrol Representative's in January. Each Patrol shall have one vote to be cast by the Patrol Representative of record as of January 1st of election year.

Each patroller is encouraged to take an active part in this election by reviewing the nominee's position and qualifications and voicing your opinion to your respective Patrol Representative.

Nominations should be sent to:

Bill Smith, Election Coordinator 6 Long Bridge Road Hampton, VA 23669 (757) 810-1690 skibill13@cox.net



Avalanche ... Avalanche ... Avalanche ... Avalanche ... Avalanche ... Avalanche ...

Scott Campbell,

Avalanche Program Supervisor

Southern Division Avalanche Safety and Rescue Program?

Yes, that program really does exist in the Southern Division. While avalanches of epic proportions do not happen on the sunny slopes of the Southern Division, they do occur on a smaller scale. Have you ever seen a snowpack slide off of a metal roof? Avalanche! Have you ever seen cracks form across the tops of your trails at the end of the season? That is creep and glide of a snowpack. Dangerous? Probably not! Can it make for a good story as to where the snow snakes live? You betcha! Do you have portions of



any trails at your area with an incline of over 38 degrees? If you do, then the potential of a real live avalanche may occur on that trail if the proper conditions exist.

If you are planning to visit an area where avalanche terrain regularly exists, you may want to enroll in the eighthour Introduction to Avalanche Safety and Rescue course to learn the fundamental principles of avalanche hazards, safety, and rescue. This is particularly true, if you are planning to ski/board outside of the controlled ski areas, where avalanches are more prevalent. This course also qualifies as an elective requirement for the NSP Senior Program.

The potential for avalanches exists wherever snow lies on steep slopes. It's not only an issue in "big mountain" areas. Avalanche problems are widespread in geography and degree of hazard. To meet the varying challenges represented by this avalanche danger, the NSP has established several avalanche training courses. The NSP's avalanche courses fulfill all of the requirements of the Level I and Level II curricula adopted by the American Avalanche Association with one exception; the NSP courses include additional topics related to organized rescue. Please note that actual avalanche control work and rescue operations are under the direction and control of ski area management or other authorized agencies.

The NSP program includes the following courses:

Avalanche Awareness (About 30 to 90 minutes): If sufficient students and an instructor are available, this course can be taught just about anywhere at any time of the year. The current limitation is the availability of qualified instructors. This course is designed to expose its audience to the nature of avalanche hazards and the kinds of things they need to know before venturing into avalanche terrain. It serves primarily to develop respect for avalanche hazards and to encourage people to enroll in an Introduction to Avalanche Safety and Rescue course. This course does not qualify as an elective requirement for the NSP Senior Program.

Introduction to Avalanche Safety and Rescue (About 8 hours). If sufficient students are available, this course is intended to be offered twice a year within the Division. Once at the Southern Division annual conference in Kingsport, TN in August and possibly at Massanutten or other northern patrol in the Spring of each year. This course introduces fundamental principles of avalanche hazards, safety, and rescue. This course does qualify as

an elective requirement for the NSP Senior Program, but it does not meet Level 1 avalanche course standards and does not qualify as a prerequisite for enrollment in the Level 2 avalanche courses.

Level I Avalanche (Minimum of 24 hours with at least 60% taught in the field). This course is typically not available in Southern Division, since we currently do not have the instructors or equipment to teach the full curriculum. Please see the Eastern Division (http://www.nspeast.org/html/calendar.htm) and Central (http://www.nspcentral.org) Division training calendars for training opportunities.

Level II Avalanche (Minimum of 28 hours with at least 60% taught in the field). This course is definitely not available in Southern Division, since this course can only be taught in terrain that is prone to avalanches. Please see the Eastern Division training calendar (http://www.nspeast.org/html/calendar.htm) for training opportunities, when it is held every other year at Whiteface/ Lake Placid, NY in an area appropriately called "The Slides". (http://www.whiteface.com)

What to do when you encounter autism?



The National Ski Patrol Magazine published my article on "*Autism Awareness: A Patroller's Guide*" in their Winter of 2005 edition. A copy of the original article is at <u>http://www.nsp.org/members/oms/SPM/SPM_W05.pdf</u>.

Since then, the awareness of and intervention for individuals with an autism spectrum disorder continues to be a challenge for all first responders. The common signs and characteristics have not changed, and nor have the suggested techniques when treating or interacting with a person with autism. The biggest change has been in the prevalence of this condition. The national prevalence rate was 1 in 166 according to the Centers for Disease Control and Prevention in 2005. An updated national prevalence rate of 1 in 88 was reported earlier this year. That is nearly a doubling of the

national prevalence rate in only seven years. As such, it is not an issue of if you will encounter someone with autism at your ski area or community, but more likely a question of when. I would encourage you to read the article from 2005 as a primer on the best practices when working and treating someone with an autism spectrum disorder. I have been done nearly 200 autism awareness and safety presentations since 2005 in mostly Northern Virginia. As a member of the Virginia Public Safety Workgroup, I would be happy to provide that training for you and your patrollers, or other first responders. If you are interested, please call me at home at 703 241-2640 or email me at <u>campbellsservices@gmail.com</u> to arrange some training.

Instructor Development...Instructor Development...Instructor Development

Teresa T. Stewart,

Instructor Development Supervisor

The NSP Instructor Development course is an integral part of all the NSP Educational courses. This is a required step before the mentoring stage with an instructor within the specific discipline with which you are becoming involved (Outdoor Emergency Care, Toboggan and Ski, Mountain Travel and Rescue, Avalanche, Outdoor First Care, etc). This is also a *SENIOR ELECTIVE*.

Interested students should look at the Division Calendar on the Division Website (<u>www.southernnsp.org</u>) for registered courses in their Region and contact the Region Instructor Development contact or drop me an email at (<u>stewart.teresa@gmail.com</u>).

Historian / Archivist ... Historian / Archivist ... Historian / Archivist ... Historian / Archivist

Fred Wessels, Historian/Archivist

Historian is sometimes a Job.



I always try to write something for the Southern Cross. I may throw in some pictures, a video link, or just beg for small parts of our History. This rarely works. So it ends up that I sit down with a box full of pictures with no names and some newspaper articles and try to find something.

On 2/11/1994 The Atlanta Journal/Constitution had an article on page A3. "Alabama ski resort defies nature." With the quote "It's no Vail. Glamour is in short supply as golfers give the skiers right of way in the winter." If you have not guessed, I am talking about Cloudmont. Sometimes referred to as "The Mont." It 's the southernmost ski area in the Southern Division. It has a peak elevation of 1,800 feet, which makes it the second lowest hill in the east. No chair lifts. Just tow ropes. "The parking lot has more pickup trucks than Porsches. But there is skiing."

It has gone without notice, but from my understanding, Cloudmont has already turned 40. Cloudmont is the true spirit of Southern Skiing. We do it because we can.

Now to change Hats.

It was great to see everyone in Kingsport this year. As you know the Southern Division of the National Ski Patrol was created in 1972. This makes this our 40th anniversary. We had a number of Sr. Electives offered and several issues discussed which relate to the future of the National Ski Patrol.

On a separate area, I would like to thank the Banquet Staff of the Meadowview Marriott. They enjoy our visit each year. The food was exceptional. The Banquet Chef makes a special effort to make sure that all of our needs are met and exceeded. He even had me tasting things before dinner. And yes, the potatoes did rock. So if you have never been to the Conference in Kingsport, you need to go. Great people, great location, Resort Hotel, great food, and of course, the best Hospitality Suite you could possibly desire.

See you soon, Fred

Women's Program ... Women's Program ... Women's Program ... Women's Program

Joy Jucker, Women's Program Supervisor

ATTENTION ALL WOMEN PATROLLERS

Have you seen the newest kid on Facebook? It's the NSP Southern Division-Women's Program Facebook page. The NSP Southern Division's Women's Program (SDWP) is alive and itching to get you aboard. Facebook is one of the latest techniques for the dispersal of material to a group. Your job is to get on Facebook and "like" the page. Now you will be connected to all that's going on



and will receive up-to-the-minute facts from your division leader related to this program. As it develops, pictures, events, details, and posts from others will be available for viewing and comments. As the new program advisor, I have agreed to drive the bus; so to speak, it's your job to get on for *the ride!* Goals for the program include reaching and motivating women patrollers across the south east; find out what patrollers want the program to offer and produce it the finest way we can and assist women who want to increase their snow sliding skills and grow their sled handling abilities. Also inspire patrollers to become instructors; by teaching a skill you become more confident yourself. The Southern Division needs more teachers for PSIA, ASSI, and toboggan handling, especially women. I am learning about PSIA and plan to take a Level I course this season. Come join me, the more the merrier. I challenge you to contact the Southern Division Snowsports School and sign up too. We will learn together.

Next, the Southern Division Snowsports School has set up a Women's Enhancement clinic again at Wintergreen, VA. It was cancelled last year due to the lack of adequate snow. If you signed up last year, I encourage you to go ahead and try again now as spaces are limited. The dates are Saturday and Sunday January 12th and 13th.

Now, if there are any comments, suggestions, ideas, brainstorms, or questions concerning the SDWP, please feel welcome to contact me. This program is intended for you and needs your contributions to make it rewarding.

Thank you,

Joy Jucker, SDWP Advisor dawnjucker@gmail.com

National Ski Patrol Safety Team

This year some of the initiatives include Chair Lift Safety, Terrain Park Safety and 'Lead by Example' – through public safety announcements and social media (remember to 'like' the NSP on Facebook)

The initiatives of The Safety Team are most importantly conveyed by every patroller.

This year the Safety Team is focusing particular on Chair Lift Safety – through additional PSAs and initiatives in corporation with NSAA we want mountains to educate guests on general chair lift safety, use of the 'comfort' aka 'safety' bar – and particular for children to 'backs to backs and bottoms to bottoms'. We, as patrollers, can make this process a little safer – Do you always ride the lift with other patrollers? Do you look for smaller children riding together and ride with them? The Theme is "**Sit Back Hold On**" We determine to create cards (small baseball card size) that can be distributed to area ops, ski school and patrollers can carry them on their jackets. Cards can be distributed to children and adults. The slogan will be on the front with talking points on the back.



Terrain Park Safety focuses on Smart Style and knowing The Code....the four main components of Smart Style are: 1) <u>Make a plan</u> – Every time you use Freestyle Terrain, make a plan for each feature you want to use. Your speed, approach, and takeoff will directly affect your maneuver and landing; 2) <u>Look Before You Leap</u> – Before getting into freestyle Terrain observe all signage and warning; 3) <u>Easy Style</u>

<u>It</u> – Know you limits and ski and ride within your ability level (look for progression parks or features to begin with and work your way up; 4) <u>Respect Gets Respect</u> – Respect terrain and others.

Finally, we are continuing The 'Lead by Example' initiative this year and sure every mountain, every employee, and every guest is looking for to do things safer. If you see someone doing something unique to make safer – they are leading by example – recognize them and give them a pin.

National Safety week occurs every year in January. This year National takes place January 19th to January 27th 2013. Many Ski Areas across



want to be opportunities our industry

Safety week the country

participate in Safety Week to educate skiers and snowboarders about being safe, and to use common sense on the slopes. For More information <u>http://www.nsaa.org/nsaa/safety/heads_up</u>.

For questions you can contact Brett Henyon (<u>bretthenyon@gmail.com</u>) or go to <u>http://nsp.org/slopesafety/slope_safety.aspx</u> or <u>www.NSAA.com</u>

Leadership Development @ Western Carolina University / August 25th Photos Submitted by Fred Wessels







Southern Division Calendar & Staff Directory

Please refer to the Division Website for updated schedules! www.southernnsp.org

The calendar is flexible dependant on the weather – please check the calendar and/or with your patrol representative / Region Director for the most up-to-date changes.